

FUEL TO HELP YOU FOLLOW HIS PATH

SUMMIT YOUTH NEWS

Worship & Prayer

THIS MONTH

HEALTHY HABITS TO FUEL YOUR FAITH

Singing: Part 2



Live and Lit! Watch it on Youtube for this special episode!

MARCH 2021

SUMMIT YOUTH

SUMMIT YOUTH NEWS FOR JANUARY AN ODE TO A LONG YEAR OUTREACH UPDATE

HELPFUL HABITS TO FUEL YOUR FAITH

SINGING! PT.2



FOLLOW UP QUESTIONS FOR THE FAMI

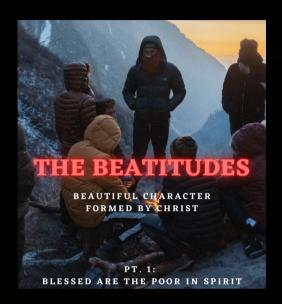


MUSICAL ARTIST OF THE MONTH: WE ARE MESSENGERS SONG OF THE MONTH: MY WORTH IS NOT IN WHAT I OWN



SUMMIT YOUTH

THE BEATITUDES: We've been sharing our Beatitude studies online. Our Ascend Group is currently not meeting, but we do send out beatitudes every week on our website: summitdrive.com/youth - Check it out. And follow along with our updates each week on Facebook and Instagram!



YOUTH EVENTS:

Fireside Fire! Come join us for songs, schnacks, and fire! March 13th at Pendleton Creek Campground (near Duffy Lake)

Movie Night March 17th! In-person, physically distanced



IT'S BEEN A YEAR...

A few reminders after what feels like "the longest year"



We need each other.

One of the main things we can't forget is how God calls us to be with one another. "not giving up meeting together, as some are in the habit of doing, but encouraging one another—and all the more as you see the Day approaching." (Heb. 10:25). The Day is still approaching, so this is still part of what we are called to do!

"Where two or three are gathered in my name, there am I among them." Jesus says in Matthew 18. Jesus walks among the churches, and works in us and through us to draw us nearer to God. It's like a hot coal out of the fire and away from the other coals. It gets cold. We need to meet with one another and to be in fellowship, Don't give up meeting together, even if it's on Zoom. Find ways to be together, it is essential! And, keep serving together. There is good that you can do, and if you know the good you should do and do not do it, it is wrong! There are people in your circle who need legitimate help and encouragement - don't let COVID stop you.

God is still at work.

God hasn't stopped, and God is not in quarantine. He is on the move. There are ways, even if they are new ways to us, to be involved in spreading the good news of Jesus. Recently I heard of how people were making videos and posting them onto facebook in order to help spread the good news of Jesus around the world and in different countries. Have you got new video making skills? Have you grown in your understanding of the good news of Jesus? There are things that God has allowed us to learn and use during this COVID time. It may well be time to use some of those things to bring the message of hope t those who haven't heard it. What have you learned that you could use to help others hear about Jesus?

There is still, always, access to God's presence because of Jesus.

Jesus is alive. He rose from the dead. When the disciples were left on earth after Jesus had ascended, they didn't go: "Well, now what?" No, they asked Jesus. We have that kind of access, because Jesus is alive and it says in God's Word that he "always lives to make intercession for us." Can you imagine Jesus sitting in the next room and you hearing him pray for you? What an encouraging thing! And yet, if you are a follower of Jesus Christ, that is happening! So, pray, and talk to God, because the Risen Jesus is bringing your prayers before Him.

There is a purpose for your life, and it hasn't stopped!

Ephesians 2:10 says "We are God's workmanship, created in Christ Jesus to do good works, which God has prepared in advance for us to do." Well, that hasn't changed, even if some of those "good works" that we used to do can't be done. We are still called to serve Him! And we are called to do it together! take some time to pray to God about that, that He would continue to give you a renewed sense of purpose during this time. It's been a long year, but every day, every breath, is to be all for Him!

THE MUSTARD SEED: There are always needs that can be met at the Mustard Seed: Here is a list of urgent needs:

Juice boxes, packed foods like granola bars or protein bars Canned goods preferably those with a high protein source such as beans

Coffee, sugar, stir sticks, and disposable cups for hot liquids Call them ahead if you want to drop some of these items off or would like to help in other ways!

250.434.9898



THE NORTHWEST TERRITORIES: The Ladies in Ft. Providence have had a tremendous opportunity to provide meals on wheels for the elders in Ft. Providence. Pray that their relationship with the community continues to grow. Pray that things will open

EL REFUGIO: This is an organization that we have taken trips and partner with. They care for the needs of abused, neglected, and trafficked girls.



PRAYER POINTS

PLEASE PRAY FOR THE POOR AND HOMELESS IN OUR CITY: Pray that God might use you and your family to make a tangible difference with what he has given you. Pray for youth to invest in caring for the poor as part of their regular habits.

PLEASE PRAY FOR THE EL REFUGIO in Mexico: Pray for Randy and Sandy as they care for, teach, and love these girls with the love of Christ. Pray that the presence of the Holy Spirit would be especially felt!

NTOMI in the Northwest Territories:

Pray that God might provide for their needs during this COVID time, and that they might be able to share the good news of Jesus with those God brings to them and brings them to. Pray that the provinces and territories would safely open up!

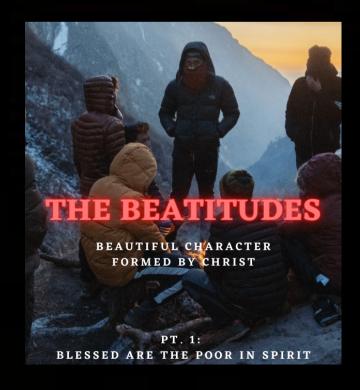
HELPFUL HABITS TO FUEL YOUR FAITH

Wanna Memorize something over the next few weeks? Let's keep Memorizing the Beatitudes!

March 5-12 - Matthew 5:7 March 12-19 - Matthew 5:8 March 19-26 - Matthew 5:9 March 26-April 2 - Matthew 5:10

Don't forget, anyone can join in on our Beatitude studies this month and next. What a joy to go through the Beatitudes! Check out our short studies on each Beatitude by visiting:

summitdrive.com/youth-discipleship



SINGING!

More reflections on Sing! by Keith & Kristyn Getty. If you haven't already checked out the book - it's worth it! The following are a few reflections on the book that help answer the question: What does singing do for your heart?



The Lyrics you sing, how do they shape your heart?

Have you ever paused to think about how the lyrics of the songs you listen to find their way into your heart and impact what you love and your behaviour? Challenge: Take the top 5 songs you listen to, or the last 5 songs. If you were to live out what these songs are singing about, what would it say of your life?

This could either be really encouraging, or extremely scary. If this scares you, it's time to rethink the music you listen to. "Truth soars on the air of a great melody." (Getty) But so do lies. So let's not let lies shape our hearts, but the truth of who Jesus is, what He does, and what that means for our lives! So, let's take a moment to reflect on what the songs we sing can actually do for our lives:

Singing takes Sundays Truths into Monday:

This is the first thing that Getty's bring up, and I think they are right. The songs we sing in church become our prayers. In fact, the songs that we sing become an anthem for us in one way or another, and the melodies that are floating around in our heads and hearts impact how we look at our day. I use to listen to a guy named Jocko Willink quite a bit. He is not a follower of Jesus, but what he said had a lot of truth, and served to remind me throughout the day as I remembered what He said. But, Jesus should be that voice for us, and songs are a great way to be carried along through a day. The Getty's say "every day we wake to te sound of two voices - the one of Wisdom and the one of folly; the voice of the Lord and the voice of this fallen world. The gospel that seemed so clear and true on Sunday morning can so easily be chipped away at, twisted a little, and devalued by the messages we hear through the week. Singing deep songs of the Lord keeps the right voice loudest in our ears.." I think they are right!



Songs soothe, quiet, and nurture our soul.

Some of the memories, thoughts, and words of songs can dramatically shift the way you feel. When I listen to the Lord of the Rings music, for example, I want so badly to think of the adventure of my life, my calling, and to think of the beauty of the Shire - for me that means thinking of the peace and shalom of living with God's people, though there is evil that we are called to. I think of Gandalf and consequently the wisdom of older people who have walked the road of faith - all I'm saying in this is that music can draw our hearts to something, even without words. It can nurture our soul and carry us along somewhere, for better or for worse. Like when I listen to some songs, I am taken to some memories of violence or anger. Music does that to us. But songs can soothe, quiet and nurture our soul by the imagery they give and the words and music that accompany them.

Take Psalm 23 for example. That is a song. It helps you see who God is and where He is as you walk through life - in fact, thats what the Psalms in general do. Some Psalms "describe His voice (Ps. 29), the attention he pays to our tears (Ps. 56), and to our burdens (Ps. 25)...the things he has done for his people (Ps.78) and...the glorious things He will one day do for us (Ps. 31)." (Getty) These are songs, and they comfort, correct, remind, and call us to praise God in the midst of life. They are even set up to be read mornings and evenings.

Songs that we sing can also impact how we deal with the realities of life. The Psalms are the same. They take us from lament to praise, but always with a focus on God and who He is. Our worldly songs don't do that, and consequently, they don't often offer hope. Take for example The Weeknd's "Blinding Lights" - still in the top 5 on the day this is released. All it points to is how this guy can't sleep until he touches presumably some "woman." He is taking a problem of life - loneliness, pain of broken heart, and offering no hope outside of the body of a woman. It's lifeless, sad, and depressing. Without pointing to a God who cares for him, the song never concludes in hope or in anything that will last. The Psalms do that, and that is remarkably more encouraging than the kinds of songs that we hear on the radio. We need to be listening to catchy songs that will carry us to God and through life in a way that will allow us to deal with the pains of life in helpful way! Songs that are focused on God will do that.



Some ideas to get you singing together.

Okay, so, let's put this into practice. How can you sing and foster a sense of singing and worshipping God in your home without it being "weird" "restrictive" or "pharisaical" like. Consider these ideas:

- 1.Literally sing and dance together. Find some songs to sing in the kitchen with your family. No sense being too shy. Family singing time is a beautiful thing!
- 2. Sing before bed. I love doing this with my 16 month old, and we've made it a regular habit. A short song to start, like "The Doxology" could help propel you into singing. Have your youth pick out a song that encourages and comforts them to listen to together before bed. Then, learn that song by heart so you can sing it together. I've compiled a lyric book of songs that I'd like to memorize so I can sing them in the dark before bed time, but it helps to have it lying around so I can pick up and practice knowing and singing the words throughout the day.
- 3. Ask this question:"Is this a song I'd like to grow old with?" There are some songs that are so true, encouraging, and comforting, that I can imagine singing them on my deathbed and being so comforted and encouraged by them. There are poems like that too that I'd like to make into songs someday for just that purpose. Keith and Kristyn Getty encourage us to teach our kids those songs. So, here's a challenge. Think through one new song a month that is like that a song to grow old with.

Until next time, we'll reflect more on singing. It is so powerful for shaping our lives - don't forget it!



FOLLOW UP WITH THE FAM!

- 1) If you had to do something "crazy and wild" with two people from history, what would you do, and who would you do it with?
- 2) Here are two of the "Is it a sport questions?"

Toe Wrestling: Like thumb wrestling, but the goal is to pin down your opponents toes for 3 seconds. Try it out if you want! Giant Pumpkin Kayaking: This is actually something that takes place in Nova Scotia, so it's Canadian – happens on Lake Pesaquid where they care out a kayak out of a pumpkin. Could you imagine that? What sort of strange object could you make into a boat, car, or some for of transportation to race in. Think of something, and try it out!

3) Emmet shared about how he lied about his struggles in school, and the peace he felt from God after confessing and being honest about it. Are there some things that you haven't been honest about in the past? How did confessing it, getting help, or being honest with yourself and with God help bring a sense of peace to your life? (Parents, take the lead on this!)





We did this one live, but once it is edited, we will have it released as soon as we can! Feel free to go through the questions though!

MUSICAL ARTIST OF THE MONTH



We are Messengers is a self-described "rag-tag" group of friends. They are an Irish American band, led by Darren Mulligan. Here is a brief description by Mulligan on how he came to faith in Jesus: ""I felt so wretched, so dirty. I could feel my skin crawling. God seemed so real that night. He seemed so holy. There was this huge chasm between Him and me. I could feel it, this crushing weight of guilt and conviction, so I gave my life to the Lord that night," he said, adding, "It took me a few months of reading the Bible to really understand what I had done and what that meant. I fell in love with God over that period and gradually learned to see myself as He sees me -- clean, a son of the king." These guys give some really upbeat grooves that youth and family alike will find themselves singing and grooving to throughout the week. Check them out!





SONG OF THE MONTH

If you didn't catch this last month, I'm leaving it here for you again. Don't miss the words that this song imparts to your soul! (this is from the Getty's but performed with Darren Mulligan of "We are Messengers" It's called "My

Worth is Not in What I Own"

My worth is not in what I own
Not in the strength of flesh and bone
But in the costly wounds of love
At the cross
My worth is not in skill or name
In win or lose, in pride or shame
But in the blood of Christ that flowed
At the cross
I rejoice in my redeemer
Greatest treasure
Wellspring of my soul
And I will trust in him, no other
My soul is satisfied in him alone

As summer flowers we fade and die Fame, youth and beauty hurry by But life eternal calls to us At the cross I will not boast in wealth or might Or human wisdom's fleeting light But I will boast in knowing Christ At the cross I rejoice in my redeemer Greatest treasure Wellspring of my soul I will trust in him, no other My soul is satisfied in him alone

Two wonders here that I confess My worth and my unworthiness My value fixed, my ransom paid At the cross



