# E IRESIDE

FUEL TO HELP YOU FOLLOW HIS PATH

**SUMMIT YOUTH NEWS** 

**CATALYST** 

THIS MONTH

HEALTHY HABITS TO FUEL YOUR FAITH

**ASCEND STUDIES** 

CATALYST Worship, Prayer, & Mission



Stay tuned for the releases

of our live videos!

#### **APRIL 2021**

SUMMIT YOUTH NEWS FOR APRIL

REFLECTING ON THE FACT THAT SOMETHING REALLY DOES NEED TO CHANGE

**OUTREACH UPDATE & OPPORTUNITIES** 

PREPARE FOR PRAYER!



AREFLECTING ON EASTER

SONG OF THE MONTH: IS HE WORTHY?

A FINAL ENCOURAGEMENT ON SINGING

STUDYING THE BEATITUDES: IN CASE YOU MISSED IT: BLESSED ARE THOSE WHO MOURN

### YOUTH NIGHT!

STAY TUNED FOR APRIL 14th - WE WILL BE DOING SOMETHING A LITTLE DIFFERENT!

THIS WILL REPLACE ZOOM YOUTH, WITH THE GOAL of this being hopefully the final month of youth on Zoom. But for now, expect there to be no zoom on April 14th!



## CATALYST

Catalyst is a night to come and worship, pray, and be fuelled to live for God. It is for youth from Grade 6-12, and is designed to foster good prayer and worship. We will be watching a video series as we pray and worship called *Something Needs to Change*. It is a series that shows what David Platt calls "a collision of urgent spiritual and physical need." Our prayer is that this series breaks our hearts for what breaks God's heart, and moves us out into mission for God. Really, that this time acts as a catalyst for our hearts to love and serve God.

IN OTHER NEWS, We are soon starting a new series called: "I've Got Some Questions for Your Answer"

This series will be looking at some of the answers our culture gives to big questions like: "Science Has Disproved Christianity." "Love is Love," and other common answers that our culture expects adherence to. But, the gospel of Jesus Christ certainly raises serious questions with these assumptions, and we want to ask questions and navigate these questions with the help of God's Word and winsome thinking.



### Something Needs to Change.

We live in a world where 1 in 9 people are undernourished, over 65 million people are displaced from home. Over 2 million people have HIV/AIDS and many women are being trafficked in every country of the world.

And, while all that is happening, many people are dying having never heard of the gospel of Jesus Christ. What's worse, is that all around us, down every street, in every city in our country and every country in the world, there are people who, if they do not receive Christ as their Lord and Saviour, will die without Him.

And, what's more, is that there are people who are "temples of the Holy Spirit" - called and filled and sent, living around them. So, what needs to change? What needs to change so that these people hear the message of hope, the good news of Jesus? Something needs to change not only in our world, but in our hearts. That's what we will be thinking through the next few weeks. What needs to change so that through my life, or by my death, the hope of the world - Jesus Christ - is proclaimed to the lost?

This series will hopefully act as a catalyst for us to really care for our neighbours with the love and message of Jesus Christ. Youth of all ages are invited on this journey as we learn not only about the brokenness around us, but how the good news makes us alive, and what alive people care about. So, come and join us Tuesday nights for Worship, Prayer, and Fuel for the Mission, an especially for this video series *Something Needs to Change*.

# OUTREACH

#### THE MUSTARD SEED:

Currently, we are looking at having more time to help people who live on our streets in Kamloops. We will do this in a variety of ways, but we are also eager to help out with The Mustard Seed. The first opportunity to do some work together will come **April 11th**, as a group of people are just going around downtown to talk with folks. If you would like to join for that, call Colton Conrad. Keep your ears tuned for news about how we are doing - as the Missions Committee will take the lead in providing opportunities, and the youth will be directly involved in times to come.



#### Ft. Providence:

As you know, in the past we have gone to Ft. Providence, Northwest Territories to be with the people there. We love them, and it pains us not to be able to reach them with the hope of the gospel. In the coming months, we'd like to think of how we can creatively encourage the people of Ft. Providence. Consider some ideas you could do with your family and chat with us about it, we'd love to get some things together to send up!



### PRAYER POINTS

- Please pray for the Northwest Territories. Pray specifically for those in Ft. Providence. Pray for the kids there that they might hear the good news of Jesus, that they might be cared for and desire to follow Jesus. Pray for some of the new followers of Jesus there. Pray also for NTOMI that they might reach the people of Ft. Providence.
- Please pray for people who are poor in Kamloops. Pray that God might move in the hearts of believers to love and care for the poor in helpful ways, and that not only through the Mustard Seed, but also through local church initiatives that really reach into the lives of the poor in relational ways.

250.434.9898

## Prepare for Prayer

TALKING WITH GOD

How in the world does a person pray when they don't really "feel" like praying, when they don't desire to pray?

That's a question I asked myself. When I was younger and in High School, it was in the Psalms I found comfort, and I turned to God in prayer every day with fervour and fortitude. He was the only ear listening to me. But what about when other ears were listening to me?

Here are a few things that have helped me:

- 1. Just because things are feeling pretty good with you, doesn't mean you should pray less. We don't just pray for ourselves. So, take some time to get your focus off yourself. Maybe it actually just starts with praying big prayers for people you love. Like for me, when I think of my son, my heart can't help but surge forward, so I pray big prayers: "Lord, I ask that you begin now to draw on Zander's heart by the power of your Holy Spirit so that He follows you all the days of His life and lives a life of deep conviction and love for you! That He would be a man after your heart!" Praying big like that for people I love also helps me to pray for others I love, especially when I remind myself that God loves my son far more than I do, and he loves each person I am praying for far greater too! So I pray those same things for others, getting the focus off of myself and my lack of love onto God and His extravagant love.
- 2. John Onwuchekwa in his little book *What If I Don't Desire to Pray* reminds us that we can remember that the person we are praying to is alive. Jesus is alive. Actually. And being alive, He has power and He hears us. There are a couple f verses that really have helped me understand that lately as well: Hebrews 7:25 and Romans 8:34. These are good verses to underline and think about as you pray. Jesus is praying with and for you!

# Prepare for Prayer

- 3. This has been a huge help to me. When I was younger, I always wrote prayers and people who I was praying for down on a page just inside my Bible. But as I got older and learned more about prayer, I would make these big prayer lists. And then things would change and I would be writing out these huge lists again. I did so much list writing and rewriting and hardly any prayer and eventually just abandoned the prayer list. So, I've found an alternative (after I read a great book by Paul Miller called *A Praying Life*) Here's an idea to help you pray:
- Make prayer cards. Have a pile of prayer cards with different topics (yourself, family, work, friends, people who are suffering, non-christians you are praying for, school, etc.)
- On each card, write down a particular verse that you will pray for the people of that topic. It helps to pray scripture back to God, and gives words that so often describe what you intend to pray.
- Consider marking down when you have an answer to prayer, and make a little box to keep Cards that have grown outdated, whether through answered prayer or time. They serve to encourage you to pray because you will find that God will answer many of the prayers you prayed.

Check out some of the "Tools" on this page that will help you with some prayer cards. They are great for individual and family prayer time!

https://www.seejesus.net/training/prayer-card-course



### FOLLOW UP WITH THE FAMI

This month we will aim to release some of our previously live ZOOMED episodes and do a facebook livestream of a new one later in the month. Here are a few fun questions to do with your family!

- 1) If you had to do something "crazy and wild" with two people from history, what would you do, and who would you do it with?
- 2) Here is one "Is it a sport questions?".

Toe Wrestling: Like thumb wrestling, but the goal is to pin down your opponents toes for 3 seconds. Try it out if you want!

- 3) If you had the opportunity, where in B.C. would you like to travel to this summer? And what would you like to do?
- 4) What instrument would you like to learn to play?
- 5) What are some important qualities in friendship? Where have you seen these on display?







## EASTER

### A POEM TO REFLECT ON

This is a poem that Tim Challies (challies.com) shared for Easter. May it encourage you as you mourn and live life this side of eternity, with resurrection hope:

#### To The Mourner

We would not check the starting tear,
Nor bid thee cease to mourn
The friend thy bosom held most dear
So early from thee torn;
For, when in death a loved one slept,
Among the sorrowing, "Jesus wept!"

But has not Jesus passed the tomb,
To break its bars away?
And, darting through its fearful gloom
The beams of endless day,
Does he not, from the other side,
Bid none to fear, since he has died.

And, mourner, will not sighing cease,
When thou canst look above,
And feel that, from a world of peace,
Thou hast an angel's love?
That she is safe, where none may fear
Death, pain, or change that wound us here?

When he, who wept at human wo, Shall in the clouds appear, Awaking millions then shall know, To those who owned him here, He is the resurrection!—he, Life, light and immortality!

- Hannah Flagg Gould



## EASTER

### TO REFLECT ON

GANDALF! I THOUGHT YOU WERE DEAD! BUT THEN I THOUGHT I WAS DEAD MYSELF. IS EVERYTHING SAD GOING TO COME UNTRUE? WHAT'S HAPPENED TO THE WORLD?" A GREAT SHADOW HAS DEPARTED," SAID GANDALF, AND THEN HE LAUGHED AND THE SOUND WAS LIKE MUSIC, OR LIKE WATER IN A PARCHED LAND; AND AS HE LISTENED THE THOUGHT CAME TO SAM THAT HE HAD NOT HEARD LAUGHTER, THE PURE SOUND OF MERRIMENT, FOR DAYS UPON DAYS WITHOUT COUNT.

- J. R. R. TOLKIEN -

LIBQUOTES.COM

All things will be made new.

Tears will be wiped away.

A New Heavens and a New Earth will come.

Jesus will Reign.

Death will be no more.

God's Love will fill all hearts.

Everyone there will know God.

People from Every People, Tribe, Tongue, and Nation will sing!

And it will go on for eternity.

Rejoice in that living hope!

Jesus is Alive!

Jesus is King!

# SONG OF THE MONTH

### IS HE WORTHY?



The Song of the Month was written by **Andrew Peterson**. In it, He asks the question, is anyone worthy? The answer comes straight from Revelation 5. Read Revelation 5 and then listen to the song on youtube (Is He Worthy? by Andrew Peterson).

### Here are the lyrics to the song:

Do you feel the world is broken? Do you feel the shadows deepen? But do you know that all the dark won't

Stop the light from getting through? Do you wish that you could see it all made new?

Is all creation groaning?
Is a new creation coming?
Is the glory of the Lord to be the light within our midst?
Is it good that we remind ourselves of this?

Is anyone worthy? Is anyone whole? Is anyone able to break the seal and open the scroll?

The Lion of Judah who conquered the grave

He was David's root and the Lamb who died to ransom the slave
Is He worthy? Is He worthy?
Of all blessing and honor and glory
Is He worthy of this?
He is

Does the Father truly love us?
Does the Spirit move among us?
And does Jesus, our Messiah hold forever those He loves?
Does our God intend to dwell again with us?

Is anyone worthy?
Is anyone whole?
Is anyone able to break the seal and open the scroll?

The Lion of Judah who conquered the grave He is David's root and the Lamb who died to ransom the slave

From every people and tribe
Every nation and tongue
He has made us a kingdom and priests to God
To reign with the Son
Is He worthy? Is He worthy?
Of all blessing and honor and glory
Is He worthy? Is He worthy?
Is He worthy of this?
He is!
Is He worthy? Is He worthy?
He is!
He is!

## SINGING

### FINAL REFLECTIONS

"Truth soars on the air of a great melody." (Keith & Kristyn Gettty)

The Getty's are right. Songs are not something that just pass through the air. They stick, and we often soar with a song. Music speaks to our soul in both lyric and melody. Both matter and transport us to memories and thoughts that shape who we are.

But here is the thing. We often underestimate the power of music to shape our lives. Every youth is making a playlist to their lives by the songs they listen to. They have an impact, even if at times those songs contradict each other in their messages.

As I write this, the top 10 of the Top 100 all deal with breaking up, giving up on relationships, and not being able to get over someone. That says something about our culture. Everyone is looking for love or pleasure, and some are coping with the loss of relationships through alcohol and sex, and some are not coping at all. But it is being sung about in almost every song. That is a large portion of the soundtrack of our youths lives. But, with the gospel, there is a more hopeful, purposeful life and there are songs that tell that story. So here is my question for parents - do you know what the soundtrack to your youth lives are?





There is good news, even though the songs only deliver bad news. There are many creative artists who make good music that will connect with your youth and encourage them in their faith. People like KB create great rap, people like Antoine Bradford write good R&B mellow music, and people like We Are Messengers make good Pop-style music that is encouraging and gospel-centered. You can find many more like this - it just takes a little bit of intentional digging.

But, whats more, is that you can speak into the lives of your youth. You can have an impact on them. What might this look like?

Talk about music as a family. Listen to music and dance and groove as a family. Keith & Kristyn Getty did what is called a "Famly Hymn Sing" once COVID started. They would go on youtube and play some of their favourite songs together, as they taught their daughters songs that would encourage them in their faith. You can find their old Hymn sings and do them together on youtube, but you can also sing songs together and talk about the meaning of them. Maybe consider talking about some of the songs that your kids friends listen to, so that you can share them hope of the gospel with them (in light of or despite those songs!). But don't just sit back and let music shape you or your youth. Think about them, and think about them with God's Word revealing the truth to you.

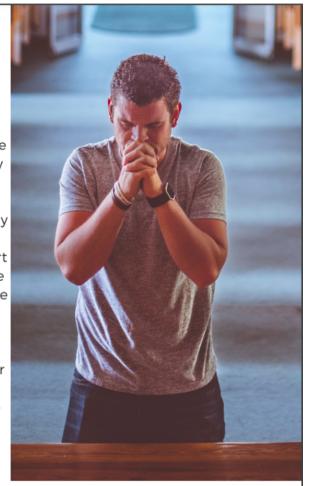


### BEATITUDES

### BLESSED ARE THOSE WHO MOURN

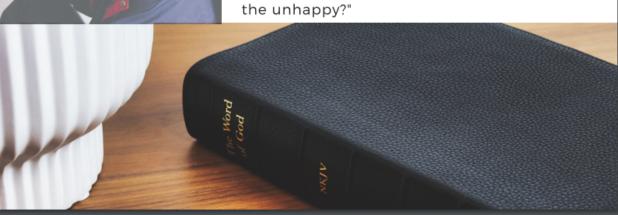
#### BLESSED...HOW?

N.T. Wright, in his study on Matthew tells us that the Latin word "beatus" means blessed (but this is a greek word in the Bible, just so you know!). He says "these are [not] simply timeless truths about the way the world is. If he was saying that, he was wrong. Mourners often go uncomforted, and those who long for injustice frequently take that longing to the grave. Jesus is saying that with his work these things start to come true." The people of God are to be "meek and merciful, poor in spirit and pure in heart, mourning and hungry, peacemakers and persecuted." (John Stott). What a list, eh? This is what God calls us to, but without God working in our hearts, we not only can't want this, but can't get there. We need the Holy Spirit to guide us into these blessings. And what a blessing it is that Jesus, who gave these words, lived them all.



Blessed are those who mourn, for they will be comforted. (5:4)

Our modern culture couldn't fathom this being something to want. Aren't we just seeking pleasure and happiness? Most people say of their kids "I just want them to be happy!" Then why does God say of His children, "Happy are the unhappy?"



THE BEATITUDES ARE AMAZING TEACHINGS FROM IESUS ABOUT THE HELPFUL WHEN WE THINK OF THE RESURRECTION. BECAUSE MANY

### //BLESSED ARE THOSE WHO

### MOURN//

The whole sermon on the Mount "is a statement of the life we will live when the Holy Chost (Spirit) is getting His way with us." (Oswald Chambers) In a lot of places in the world, the "prosperity gospel" which teaches that health and healing are all yours in Christ now, has made it so many Christians could hardly agree with Jesus words here. Most people want comfort now, not mourning! But when Jesus promises comfort, the New Testament itself tells us where that final and full comfort will be found. Revelation 7:17 (also passages in Isaiah) tells us that Jesus' promised comfort will come when God restores and renews all things, but there is no promise of it now. though Jesus himself will be with us to the end, and the Spirit will intercede for us. We will experience the comfort of the presence of Christ now, but not necessarily the comfort of riches. health and lives without loss.

The teacher in Ecclesiastes also reminds us "It is better to go to a house of mourning than to go to a house of feasting, for death is the destiny of everyone; the living should take this to heart." (Ecclesiastes 7:2) In a sense, living in reality, and for the sake of

Jesus Christ and not for our own selves - will drive us to places where there is mourning. Where pain is a reality. Where we aren't isolating in our castles but reaching out with God's love to the lost, poor, sick, and in need physically and spiritually. The Christian life brings joy in every circumstance, but not every circumstance is joyful. We are called by God to face reality with the hope of Jesus, not isolate form it with the comforts of the world. So, will you mourn? If you will mourn for your own sin, and the sins of the world, there is good news. You will find genuine, lasting comfort, in God

### **REVELATION 7:17**

For the Lamb at the centre of the throne will be their shepherd; 'he will lead them to springs of living water.' 'And God will wipe away every tear from their eyes.'"

- 1. We do not remain passive and aloof from pain, in our castles, protected. We mourn and we know what we are mourning for. Sin people it hurts.
- When we refer to being poor in spirit, there is certainly a sense that we mourn for our own propensity to sin, and long for the day when the sin difference. in our own hearts is gone and we are fully sanctified!
- 3. We mourn for the pain we see, and sometimes cause. -We see the sin-stained canvas of the world, and we mourn with those who mourn and its effects. Sin and the (Romans 12:15), entering into mourning and bringing the light of Christ to comfort others even as we mourn with
- 2. We mourn for our own sin. 4. We take to heart the reality of death, and the reality of the eternity that awaits those who trust in Jesus Christ. And we live like it makes all the

#### REFLECT, PRAY, ACT

- 1. Reflect: Do you live like you avoid a "house of mourning" like the plague? Do you avoid those who struggle; don't know the words to say and so just avoid it? Reflect on Ecclesiastes 7:2 and ask: How can I take this to heart?
- 2. Pray: Pray for the people in your lives who are mourning and mourn with them. Write their names down. Perhaps Pray Psalm 34:17-19 as you think of the afflictions but God's presence in the midst of
- 3. Act: Consider caring for someone who is mourning. Don't know anyone? Walk the streets, the halls of your school, and talk to someone you don't know. Become a friend, pray for them, and go out of your way to be kind!

